



Wellness Committee Meeting Minutes

We are responsible for scheduling activities that promote wellness on campus. Health screening, flu shots, wellness-to-goes, wellness challenges are just a few.

July 15, 2014

Members present:

	Brian Albrecht
	Mark Bohnet
X	Sandy Bruns
X	Jennifer Dokter

X	Greta Giese
	Chris Keahi
	April Klein
X	Dee Kreykes
	Pamela Lien

X	Jan Snyder
	Marilyn Stille
X	Jennifer Van Regenmorter
	Melanie Wynja

- Summer Healthy Potluck - LoGrow Potluck will take place on August 8. Jan will send emails and make arrangements.
- Wellness Fair will be October 29
 - Jennifer will check with Lori about creating a save the date card for this event
 - We will wear pink
 - Sandy has scheduled flu shots
 - Jennifer will reserved the rooms
 - Sandy and Greta will be out that day.
 - Jennifer will talk with Melanie about the use of the curtains.
 - Jennifer will create a card to check off award prizes off of.
- Activities for this year
 - September through December: Points challenge
 - January through March - Live Healthy Iowa
 - April through June - Mystery Challenge
 - 1st day of school water and fruit
- Wellness To Go
 - September - Kia Apples?
 - October
 - November -
 - December - Breathing - Sara McLaughlin?

Next MEETING: **June 17 (note: we will not be meeting in May)**